

Aging in Community ...with Spirit



Experience Autumn in the beautiful mountains of Southwest Virginia. Take time to nurture your spirit, to spend time alone, time in community, and to celebrate ElderSpirituality.

ELDERSPIRIT COMMUNITY AUTUMN RETREAT A Time to Celebrate Harvest Gifts

*Sessions include Autumn's Call, Reverence for Creation and
Creating a Culture of Mutual Support.*

November 2, 2018, 3:00 pm – November 3, 2018, 7:00 pm

Jubilee House Retreat Center • Abingdon, Virginia

Sponsored by ElderSpirit Community, Inc.

Cost \$135 per person (double occupancy;) \$160 (single;) \$80 commuter.

Includes four meals, program and tour of ElderSirit Community at Trailview. Limited to 15 Retreatants.

RETREAT LEADERS: Jean Marie Luce and Monica Appleby

To reserve a place, complete the following:

NAME: _____

PHONE: _____ CELL #: _____

ADDRESS: _____

E-MAIL: _____

SPECIAL NEEDS (dietary, other): _____

Send \$25 deposit by October 19, 2018 to:

ElderSpirit Community, Inc • 120 ElderSpirit Court • Abingdon, VA 24210
mappleby@elderspirit.net • (276) 698-3289